

# EDEN



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## meze cold platters **NEW**

This menu can be delivered from 11:30 to 19:00 Mon–Fri. Weekend deliveries by arrangement

Looking for a healthy, great looking and easy alternative to the sandwich lunch? A no bread option? One that will provide virtually all of your 5 a day portions of fresh fruit and vegetables in one meal? This is it. For fast and easy ordering of a balanced and varied meal complete with fruit, choose one or more of our Meze Platters to suit your guests. Platters are made to cater generously for up to 6 people. Minimum order is for one whole platter. Simply write the number of platters required in the adjacent box. Plates and a fork are required but not included in the price, these can be hired or disposable ones bought if required. Serving utensils are provided. The platters and utensils will be collected same or next day.

### English traditional meze

**Traditional fare all on one platter for a scrumptious cold English plate offers a complete, highly nutritious and varied meal. To include bread rolls, whole fruit and a minimum of 10 different meat, fish and salad items including:**

Roast beef, salmon, chicken, prawns, a variety of salads and sauces

#### Rolls and breads

Small whole fruit platter

6 person platters £58.00

### vegetarian meze

**Vegetarian platters of yummy salads and fruit designed to offer a complete, highly nutritious and varied meal. To include bread rolls, whole fruit and a minimum of 10 different salad items including:**

tomatoes, peppers, boiled eggs, houmous, kidney bean & coriander salad, beetroot & horseradish salad, bocconcini mozzarella, sunblush tomatoes, cucumber, mixed leaf salad.

#### Rolls and breads

Small whole fruit platter

6 person platters £58.00

### Ploughman's meze

**Traditional ploughman's lunch with a twist. To include bread rolls, cut fruit and a minimum of 10 different salad items including:**

Mature Cheddar, Colston Bassett Stilton, Brie, Branston pickle, dill pickled cucumber, pickled onion, tomatoes, mixed leaf, apples, beetroot salad, celery

#### Rolls and breads

Cut Fruit platter

6 person platters £58.00

### Asian meze

**A cold vegetarian platter with an Asian theme designed to offer a complete, highly nutritious and varied meal. To include naan bread, cut fruit and a minimum of 10 different Asian snacks and salads :**

samosas, onion bhajis, raita, grilled courgettes, curried vegetable salad, tuna salad, chutney, cucumber, mixed leaf salad.

#### Naan breads

Cut Fruit platter

6 person platters £58.00

### desserts & drinks

**Fruit Salad** with fresh cream

£2.75  
p/p

**Lemon Cheesecake** light & tangy cheesecake on biscuit base

£3.25  
p/p

**Queen of Sheba Cake** simply the best chocolate cake. Very rich and served with cream

£3.65  
p/p

**Cheeseboard - fork buffet** three cheeses served with celery, olives, butter and a selection of crackers. See website for this season's cheeses.

£3.20  
p/p

**Fruit Kebabs - fork buffet** honey and chocolate drizzled fruit kebabs (3)

£3.60  
for 3

#### HOW TO ORDER

Order on line at [www.eden-caters.co.uk](http://www.eden-caters.co.uk) or

photocopy this menu and mark up the copy with your order & details

fax the copy to 020 7803 1213. We will confirm receipt of your order by email.

Keep the original menu for future orders.

### forks and plates

**dinner plate** crockery – to hire

£0.46

**dinner fork** stainless steel—to hire

£0.35

**plate** large disposable

£0.10

**fork** disposable

£0.12

#### THE SMALL PRINT—Meze Platters

Order deadline is by 12.00pm prior day. Cancellations after the deadline will be charged in full. Minimum of 6 people per order.

Delivery can be made between 11:30am-19:00pm Mon to Fri.

Deliveries after 17.00 incur a £25 delivery charge unless order value >£300

weekend deliveries are possible but please call to discuss arrangements

Listed ingredients may change without notice.

Platters and serving utensils are not included in the sale - please keep them for collection later.

Breakages or losses of equipment hired/lent are charged at cost.

Cutlery and plates are required but not included for the service of this food. These can be hired from us (see the Equipment menu).

VAT is chargeable on all items

Payment is required by credit card with order unless a credit account is open.

# innovative food from eden

Your Name:

The Company:

Address:

Telephone:

Email:

Guest Nos:

Delivery Date:

Delivery time before:

Purchase Order No: