

# EDEN

## hot bowl meals



t : 020 7803 1212

f : 020 7803 1213

e : orders@eden-caters.co.uk

w : www.eden-caters.co.uk

Deliveries f.o.c from 11.00 to 17.00 Mon–Fri \*

Order Deadline: 12:00 prior day

These hot, freshly made seasonal hot bowl meals can be ordered anytime up to mid-day, prior day, for numbers from 6 to 100 people in multiples of three (a minimum of 6 of any one item). The food will be delivered in ceramic or stainless steel dishes kept warm in a hot box. If required, the hot box can be left at your premises to keep the food warm until required. Hire of equipment for eating and service of the bowl meals and desserts is included. Hire of glasses for drinks is not included (see Equipment menu if required). To order, simply enter the number of each meal required in the adjacent box. The equipment will be collected in the afternoon of the delivery or latest the following day.

Some additional items may be available seasonally. please view these on our website. A portion weight is approx 400grams

### fish & meat bowls

Order  
in 3s

#### Smoked Fisherman's Pie

Smoked Haddock, salmon, mackerel and prawns with double cream and mash, served with seasonal vegetables **£9.60 p/p**

#### Lamb Rogan Josh

Toasted cumin and coriander seeds give depth to the classic curry; with chopped tomato, lentils and yoghurt. **£9.30 p/p**

#### Sausage & Mash

Pork & Leek sausages with mustard mash, caramelised onions and gravy **£8.85 p/p**

#### Javanese Chicken & Rice

Chicken breast with coconut, peanut & cumin. Finished with avocado and served with rice. Served with seasonal vegetables **£8.85 p/p**

### salads & bread

#### Roasted Vegetable Salad

roasted peppers, aubergine and courgette tossed with rocket, parmesan and lemon dressing (v) **£2.85 p/p**

#### Three Green Leaf salad

with extra virgin olive oil lemon dressing and fresh herbs (v) **£1.95 p/p**

#### Caprese Salad

Mozzarella, tomato and basil leaves with a balsamic dressing **£2.65 p/p**

#### Rolls & Butter

Organic mixed whole grain rolls with butter rosettes (1.5 per person) **£1.25 p/p**

#### THE SMALL PRINT—Hot Bowl Meals

Place orders off the Hot Bowl Meals Menu before 12.00 prior day. Orders cancelled after 12:00 prior day will be charged in full. Minimum of 6 people per order. Minimum of 6 of any one item. Orders in multiples of 3. Delivery can be made between 11:00am-19:00pm Mon to Fri. Deliveries after 17.00 incur a £25 service charge unless order >£300. Weekend deliveries are possible but please call to discuss arrangements. Equipment for service of the bowl meals is hired FOC. Hire Terms apply (see equipment hire menu). Glasses for drinks, if required must be hired. Serviettes are provided free of charge with every order.

Wherever possible we indicate when an item contains nuts, however some recipes and ingredients may change without notice. Please notify us if you are catering for any one with allergies.

VAT is chargeable on all items

\* f.o.c to Central London postcodes

### vegetarian bowls

#### Teriyaki Noodles with Cashews (v)

Chinese egg noodles with teriyaki, sesame seeds, cashew nuts and peppers. Served with cucumber strips (v) **£8.80 p/p**

#### Moroccan Vegetable Stew with Minty Couscous (v)

Pumpkin, sultanas, courgettes and chickpea flavoured with cinnamon, ginger and cumin accompany the minted couscous. (v) **£8.80 p/p**

#### Butternut Risotto (v)

Butternut squash risotto made with white wine, parmesan cheese and double cream. Served with sugar snaps. (v) **£8.50 p/p**

#### Macaroni Cauliflower Cheese Bake (v)

The wonderful classic everyone's Mum made but lovelier with parmesan, crème fraiche and chopped parsley. Served with seasonal vegetables (v) **£8.50 p/p**

### desserts

**Fruit Salad** individual salad pots with seasonal fruits. Served with fresh cream. A plastic spoon is supplied. **£3.85 p/p**

**French Apple Flan** the classic but gorgeous apple flan served with cream **£3.65 p/p**

**Queen of Sheba Cake** simply the best chocolate cake. Made with Belgian dark chocolate. Very rich and served with cream **£3.95 p/p**

**Fruit Kebabs - executive** Honey and grated dark chocolate drizzled fruit kebabs. 3 per portion **£3.90 for 3**

**Cheeseboard - executive** Three cheeses served with celery, olives, butter and a selection of crackers. See website for current cheeses **£3.50 p/p**

**Large Whole Fruit Platter (10-15 people) - executive** a selection of seasonal fruits. For 10-15 people **£17.00 each**

### drinks

**Freshly Squeezed Orange Juice** A 250ml individual serving **£1.50**

**Orange Juice** 1 litre chilled carton **£2.25**

**Cranberry Juice** 1 litre chilled carton **£2.50**

**Apple Juice** 1 litre chilled carton **£2.40**

**Still Mineral Water** 1.5 Litre bottle **£2.00**

**Sparkling Mineral Water** 1.5 Litre bottle **£2.10**

#### HOW TO ORDER

Order on line at [www.eden-caters.co.uk](http://www.eden-caters.co.uk) or photocopy this menu and mark up the copy with your order & details fax the copy to 020 7803 1213. We will confirm receipt of your order by email. Keep the original menu for future orders.

Your Name:

The Company:

Address:

Telephone:

Email:

Guest Nos:

Delivery Date:

Delivery time before:

Purchase Order No: