

# EDEN



## express spring 10

freshly made food delivered on platters to your office or venue

### sandwiches

#### vegetarian

<b>Sliced Egg &amp; Tomato (v)</b> free range eggs, tomato & mayonnaise on wholemeal	<b>£2.75</b>
<b>Aubergine &amp; Olive Tapenade (vegan, dairy free)</b> roasted aubergine, cardamom and olive tapenade with lettuce on tomato bread	<b>£3.15</b>
<b>Houmous &amp; Rocket Wrap (v, dairy free)</b> houmous with pepper relish & rocket in a tortilla wrap	<b>£2.80</b>
<b>Farmhouse Cheddar with Pickle (v)</b> Mature Cheddar with the original Branston's pickle on malted grain	<b>£2.85</b>
<b>Beetroot &amp; Goat's Cheese (v)</b> beetroot & horseradish salsa with creamed goat's cheese on wholemeal	<b>£2.85</b>

#### meat

<b>Gammon Ham &amp; Mustard (dairy free)</b> baked gammon with English mustard mayonnaise on white bread	<b>£2.90</b>
<b>Roast Chicken Salad</b> roast chicken with tarragon mayonnaise and lettuce on wholemeal	<b>£2.90</b>
<b>Chicken &amp; Bacon Wrap</b> chicken with bacon, lettuce, mayonnaise & tomato in a wrap	<b>£3.00</b>
<b>Egg &amp; Bacon Baguette</b> egg mayonnaise with crispy bacon in a fresh baked baguette	<b>£2.85</b>
<b>Rare Roast Beef with Horseradish</b> thinly sliced roast beef with horseradish cream & mixed leaves on malted grain	<b>£3.10</b>
<b>Pastrami with Emmenthal</b> peppered pastrami with emmenthal and sweet mustard in a seeded bagel	<b>£2.85</b>

#### fish

<b>Smoked Salmon</b> with cream cheese and black pepper on pretzel roll	<b>£3.25</b>
<b>Baked Salmon with Egg</b> baked salmon with egg mayonnaise and mixed leaf on malted grain	<b>£2.95</b>
<b>Prawn Cocktail</b> Canadian prawns, lettuce and a cocktail mayonnaise on wholemeal	<b>£3.00</b>
<b>Tuna Sweetcorn</b> flaked tuna with sweetcorn, spring onion, mayo and lemon juice on white	<b>£2.75</b>
<b>Tuna Nicoise Wrap (dairy free)</b> flaked tuna, French beans, anchovy, flat leaf parsley, olives and tomato in a tortilla wrap	<b>£2.85</b>

### set sandwich platters 6 rounds on one platter

<b>Classic Platter</b> One each of the following: Sliced Egg & Tomato, Farmhouse Cheddar & Chutney (v), Gammon Ham & Mustard, Roast Beef with Horseradish, Prawn Cocktail, Tuna Sweetcorn	<b>£16.00 each</b>
<b>Contemporary Platter</b> One each of the following: Aubergine & Tapenade (v), Beetroot & Goats Cheese (v), Chicken with baby leaf, Pastrami & Emmenthal, Smoked Salmon & Cream Cheese, Tuna Nicoise Wrap	<b>£17.50 each</b>
<b>Mixed Platter</b> One each of the following: Sliced Egg & Tomato, Houmous & Rocket (v), Chicken & Bacon Wrap, Pastrami with Emmenthal, Baked Salmon & Egg, Spiced Prawn Cocktail	<b>£17.00 each</b>
<b>Vegetarian Platter</b> 6 rounds including: Sliced Egg & Tomato (v), Aubergine & Tapenade (v), Houmous & Rocket Wrap (v), Farmhouse Cheddar & Chutney (v), Beetroot & Goats Cheese (v)	<b>£16.00 each</b>

### salad bowls

generous individual bowls complete with a fork and dressing

<b>Houmous and Roasted Aubergine Salad (vegan &amp; wheat free)</b> our own houmous with roasted aubergine, pine nuts, mixed leaf and lemon dressing	<b>£4.15 each</b>
<b>Beef Kofta Salad (wheat free)</b> Beef kofta with mixed leaves, rocket and pistachios with a mint, lemon and coriander yoghurt dressing.	<b>£4.15 each</b>
<b>Tuna Nicoise Salad (dairy free, wheat free)</b> flaked tuna, green beans, black olives, tomato and hard boiled egg with a lemon dressing.	<b>£4.15 each</b>

### executive presentation

select executive presentation for special occasions. Food will be on very smart white platters with chocolates for each guest.

15% surcharge tick

t : 020 7803 1212

f : 020 7803 1213

e : orders@eden-caters.co.uk

w : www.eden-caters.co.uk

order deadline: 16:30 prior day for assured delivery time

Menu valid from 1st February to 31st May 2010

**tried executive presentation?**

### Qty finger buffet

Qty

<input type="checkbox"/>	<b>Corn Roll NEW</b> capsicum, sweetcorn, coriander and cheese breadcrumb roll	<b>£1.50</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Vegetable Samosas (v)</b> packed full of fresh vegetables and potatoes in a spicy sauce enclosed in a crisp pastry case	<b>£1.55</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Leek &amp; Emmenthal Cheese Tart (v)</b> a great combination of flavours	<b>£1.50</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Mini Pizza (v)</b> thin & crispy with tomato, parmesan & rocket salad	<b>£1.55</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Falafel with houmous (v)</b> Organic falafel with houmous dip	<b>£1.40</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Kettle Crisps (v)</b> with dip	<b>£0.90</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Cheese &amp; Salami Potato Wedges</b> Cheddar & salami baked wedges—2 per portion	<b>£1.45</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Rosemary &amp; Lime Chicken</b> chicken breast with cherry tomato and courgette in a rosemary & lime marinade	<b>£1.40</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Beef Kofta</b> Moroccan beef skewer with a mint and yoghurt dip	<b>£1.45</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Chilli Prawn Toasts</b> prawns with coriander, glazed with sweet chilli sauce and topped with sesame seeds	<b>£1.45</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Salmon en Croute</b> Scottish salmon and spinach rolled and baked in puff pastry.	<b>£1.45</b>	<input type="checkbox"/>

### set finger buffet platter 12 items on one platter

<input type="checkbox"/>	<b>Three of each of the following finger buffet on one platter (12 in total):</b> Vegetable Samosas (v), Leek & Emmenthal Cheese Tart (v), Beef Kofta with dip, Salmon en Croute.	<b>£17.00 platter</b>	<input type="checkbox"/>
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### hot soup flasks

6 generous 200ml portions per flask. Delivered with foam cups and plastic spoons

<input type="checkbox"/>	<b>Carrot &amp; Coriander</b> delivered hot in a flask.	<b>£17.50 flask</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Pea &amp; Mint</b> delivered hot in a flask.	<b>£17.50 flask</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Leek &amp; Potato</b> delivered hot in a flask	<b>£17.50 flask</b>	<input type="checkbox"/>

### fruit

<input type="checkbox"/>	<b>Small Whole Fruit Platter</b> for 5-10 people	<b>£11.50 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Large Whole Fruit Platter</b> for 10-15 people	<b>£16.25 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Cut Fruit Platter</b> several peeled & piped fruits ready to eat. For 8-12 people	<b>£14.50 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Cut Fruit per Person</b> peeled & piped, cut fruits ready to eat.	<b>£2.10 p/p</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Fruit Kebabs</b> honey and chocolate drizzled fruit kebab	<b>£1.30 each</b>	<input type="checkbox"/>

### cakes

<input type="checkbox"/>	<b>Egg Custard Tart</b> Portuguese specialities	<b>£1.60 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Chocolate Brownie</b> dark and thick	<b>£1.60 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Apricot Flapjack</b> deliciously oaty, chewy, tart and sweet	<b>£1.45 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Banana Cake</b> with vanilla icing	<b>£1.60 each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Fruit Tartlet</b> fresh seasonal fruits	<b>£1.60 for 2</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>American Cookies</b> mix of double choc & milk choc	<b>£1.50 for 2</b>	<input type="checkbox"/>

### drinks

<input type="checkbox"/>	<b>Freshly Squeezed Orange Juice</b> A 250ml individual serving	<b>£1.50</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Orange Juice</b> 1 litre chilled carton	<b>£2.25</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Cranberry Juice</b> 1 litre chilled carton	<b>£2.50</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Apple Juice</b> 1 litre chilled carton	<b>£2.40</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Still Mineral Water</b> 1.5 Litre bottle	<b>£2.00</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Sparkling Mineral Water</b> 1.5 Litre bottle	<b>£2.10</b>	<input type="checkbox"/>

### cheese

<input type="checkbox"/>	<b>An English Cheese Board</b> Barbours Mature Cheddar, Shropshire Orange Curd Blue, Lubborn's Somerset Brie served with celery; grapes; a selection of crackers & complete with a knife	<b>£3.20 p/p</b>	<input type="checkbox"/>
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### disposables

<input type="checkbox"/>	<b>Clear plastic cup</b>	<b>10p each</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>Disposable plate</b>	<b>12p each</b>	<input type="checkbox"/>

Your Name:

The Company:

Address:

Telephone:

Email:

Guest Nos:

Delivery Date:

Delivery time before:

Purchase Order No:

# EDEN



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## express spring 10 set menus

order deadline: 16:30 prior day for assured delivery time  
Menu valid from 1st February to 31st May 2010

**tried executive presentation?**

These menus enable you to order quickly, a quality sandwich/finger buffet lunch at a price to suit your budget. All the sandwiches and buffet items are selected by us and rotate daily from this season's list over. You simply select the menu which matches your requirements and order for the number of people you are catering for. The food is served on platters with a serviette for each guest. Unwrapping is the only requirement. See lists over if you wish to select your own items.

### willow

**Sandwiches** including 1.5 rounds per person varying daily from the selection listed over  
**Finger Buffet** 2 per person (min of 3 types) selected by us from list over  
**Kettle Crisps** 1/2 portion per person  
**Cut Fruit** peeled and cut into pieces  
**Cakes** 1/2 portion per person  
**Cheese Board** 1 portion per person

£12.50  
p/p

### Qty maple

**Sandwiches** 1 round per person varying daily from the selection listed over  
**Finger Buffet** 2 items per person selected by us from the current menu  
**Kettle Crisps** with dip  
**Fruit** 1.5 pieces of whole fruit per person

£7.75  
p/p

### magnolia

**Sandwiches** including 1 round per person varying daily from the selection listed over  
**Finger Buffet** 2 per person (min of 3 types) selected by us from list over  
**Tortilla Chips** with dip  
**Cut Fruit** 1 portion per person  
**Cheese Board** 1 portion per person

£11.50  
p/p

### lilac

**Sandwiches** including 1 round per person varying daily from the selection listed over  
**Finger Buffet** 2 per person (min of 3 types) selected by us from list over  
**Cut Fruit** 1 portion per person

£7.75  
p/p

Qty

### camellia – a menu with extra finger buffet

**Sandwiches** including 1 round per person varying daily from the selection listed over  
**Finger Buffet** 4 items per person selected by us from list over (minimum of 3 types will be selected)  
**Cut Fruit** 1 portion per person

£9.75  
p/p

### rowan

**Sandwiches** including 1.5 rounds per person varying daily from the selection listed over  
**Tortilla Chips** with dip  
**Cut Fruit** 1 portion per person

£7.00  
p/p

### jasmin

**Sandwiches** including 1 round per person varying daily from the selection listed over  
**Finger Buffet** 2 per person (min of 3 types) selected by us from list over  
**Tortilla Chips** with dip  
**Cakes** 1/2 per person  
**Fruit Kebabs** 1.5 per person

£8.90  
p/p

### hawthorn

**Sandwiches** including 1.5 rounds per person varying daily from the selection listed over  
**Cut Fruit** 1 portion per person

£6.35  
p/p

### executive presentation

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15% surcharge  
tick

#### THE SMALL PRINT—Express Menu

In order to secure delivery for your required time, please order before 16:30 prior day  
Please ring us if placing an order for same day delivery  
Express Menu food is served on recyclable platters—please keep them for collection later  
Sandwiches can be packaged in boxes if required  
Substitutions may have to be made without notice, particularly for late orders  
Orders may be delivered up to one hour before the required time  
Delivery of the Express Menu can be made between 10.00-19:00pm Mon to Fri.  
Deliveries after 17.00 incur a £25 delivery charge unless order value >£300  
Weekend deliveries are possible but please call to discuss arrangements  
Orders cancelled or reduced after 16:30 prior day will be charged at 50%  
Orders cancelled or reduced after 9.00am same day will be charged in full  
Orders under £20 (net of VAT) will attract a £5 service charge  
Whenever possible we indicate when an item contains nuts, however some recipes and Ingredients may change without notice  
Serviettes are provided free of charge with every order. Plates are not provided  
Crockerly and cutlery are available to hire if required—see Equipment menu  
VAT is chargeable on certain items e.g. Set Menus, crisps, drinks  
Payment is required by credit card with order unless a credit account is open.

### drinks

**Freshly Squeezed Orange Juice**  
A 250ml individual serving **£1.50**   
**Orange Juice**  
1 litre chilled carton **£2.25**   
**Cranberry Juice**  
1 litre chilled carton **£2.50**   
**Apple Juice**  
1 litre chilled carton **£2.40**   
**Still Mineral Water**  
1.5 Litre bottle **£2.00**   
**Sparkling Mineral Water**  
1.5 Litre bottle **£2.10**

### cheese

**An English Cheese Board**  
Barbours Mature Cheddar, Shropshire Orange Curd Blue, Lubborn's Somerset Brie served with celery, grapes, butter, a selection of crackers & complete with a knife **£3.20** p/p

### disposables

**Clear plastic cup** 10p each   
**Disposable Plate** 12p each

#### HOW TO ORDER

- order on line at [www.eden-caters.co.uk](http://www.eden-caters.co.uk) or
- photocopy this menu and mark up the copy with your order & details. fax the copy to 020 7803 1213. We will confirm receipt of your order by email. Keep the original menu for future orders.

Your Name:

The Company:

Address:

Telephone:

Email:

Guest Nos:

Delivery Date:

Delivery time before:

Purchase Order No: